

# SOCIOLOGY

## Indian Society

### Unit I: Structure of Indian Society

- Introducing Indian Society: Colonialism, Nationalism, Class, and Community
- Demographic Structures
- Rural-Urban Linkages and Divisions

### Unit II: Social Institutions: Continuity and Change

- Family and Kinship
- The Caste System
- Tribal Society
- The Market as a Social Institution

### Unit III: Social Inequality and Exclusion

- Caste Prejudice, Scheduled Castes, and Other Backward Classes
- The Marginalisation of Tribal Communities
- The Struggle for Women's Equality
- The Protection of Religious Minorities
- Caring for the Differently Abled

### Unit IV: The Challenges of Unity in Diversity

- Problems of Communalism, Regionalism, Casteism, and Patriarchy
- Role of the State in a Plural and Unequal Society
- What We Share

### Unit V: Process of Social Change in India

- Process of Structural Change: Colonialism, Industrialisation, Urbanisation
- Process of Cultural Change: Modernisation, Westernisation, Sanskritisation, Secularisation
- Social Reform Movements and Laws

### Unit VI: Social Change and the Polity

- The Constitution as an Instrument of Social Change
- Parties, Pressure Groups, and Democratic Politics
- Panchayati Raj and the Challenges of Social Transformation

### Unit VII: Social Change and the Economy

- Land Reforms, the Green Revolution, and Agrarian Society
- From Planned Industrialisation to Liberalisation

## Unit VI: Attitude and Social Cognition

This unit focuses on the formation and change of attitudes, cultural influences on attributional tendencies, and conditions influencing pro-social behaviour.

**Topics covered in the unit:** Explaining social behaviour: Impression formation and explaining behaviour of others through attributions; Social cognition; Schemas and stereotypes; Nature and components of attitudes; Attitude formation and change; Behaviour in the presence of others; Pro-social behaviour; Prejudice and discrimination; Strategies for handling prejudice

## Unit VII: Social Influence and Group Processes

The unit deals with the concept of the group, its functions, and the dynamics of social influence on conformity, obedience, and compliance. Different conflict resolution strategies will also be discussed.

**Topics covered in the unit:** Conformity, Obedience, and Compliance; Cooperation and Competition; Nature and formation of groups; Types of groups; Social identity; Influence of the group on individual behaviour; Inter- group conflicts; Conflict resolution strategies

## Unit VIII: Psychology and Life

The unit focuses on the application of psychological understanding to some important social issues.

**Topics covered in the unit:** Human-environment relationship; Environmental effects on human behaviour: Noise, pollution, crowding, natural disasters; Promoting pro-environmental behaviour; Psychology and social concerns: Aggression, Violence, and Peace, Discrimination and Poverty, Health, The impact of television on behaviour

## Unit IX: Developing Psychological Skills

The unit deals with some effective psychological and interpersonal skills for facilitating personal- social development.

**Topics covered in the unit:** Effective psychological skills: Observational skills, Interviewing skills, Testing skills, Counselling skills — empathy, authenticity, positive regard, and Communication skills — listening

- Changes in the Class Structure

### Unit VIII: Arenas of Social Change

- Media and Social Change
- Globalisation and Social Change

### Unit IX: New Arenas of Social Change

- Media and Social Change
- Globalisation and Social Change

### Unity X: Social Movements

- Class-Based Movements: Workers, Peasants
- Caste-Based Movements: Dalit Movement, Backward Castes, Trends in Upper Caste Responses
- Women's Movements in Independent India
- Tribal Movements
- Environmental Movements